Vanguard Community School This Week: September 8, 2025

Facebook.com/vcsvalkyrs

Website:https://vanguard.chinooksd.ca/



Coming in September

September:

- 2 Assembly, Timetable Orientation, Classes begin
- 4 Sr. Girls Volleyball practice 3:30pm
- 4,5,9,11,16,18,23,25 K Days
- 4 Cross Country Practice at lunch
- 5 Beginner Band Clinic in Swift Current
- 8 Gr.7,8,9 Wellness morning.
- 10 Waffle Dog Wednesday
- 15 Open House @ 6:00 p.m.
- 19. Picture Day 9:00am
- 20- Sr. Girls Home Tourney @ Pambrun
- 26 Orange Shirt Day Truth and Reconciliation

26 - Terry Fox Run

- 26-27 Sr. Girls Volleyball @ Herbert
- 29- Non-Instructional Day
- 30 Non-Instructional Day



September 8-12

Mon.

Tue.

Wed.

Thur.

Fri.

Gr.7-9

K-Day,

Waffle

K Day

Wellness Morning Cousellor

Career

Dogs, Band Rehearsal



Early Dismissal Days

To help families plan ahead and make arrangements, students will be dismissed ONE HOUR EARLY on the following five Wednesdays:

VANGUARD COMMUNITY SCHOOL

OUR REGULAR
DISMISSAL TIME IS
3:10 SO OUR
EARLY DISMISSAL
TIME IS 2:10

October 15, 2025

November 26, 2025

February 11, 2026

April 29, 2026

June 3, 2026



Each early dismissal allows teachers to participate in **2** hours of professional development to support student learning and assessment.



Buses will also depart the school one hour earlier than the regular time.

Senior Boys Volleyball



Practices for the Sr. Boys will be held on Monday/Wednesday at 7:00pm

We will be attending the following tournaments:

Sept. 12/13 Frontier Tournament

Sept. 19/20 Shaunavon Tournament (cancelled)

Oct. 3/4 Cabri Tournament

Oct. 17/18 Assiniboia Tournament
Oct. 24/25 Leader Tournament

Oct. 31, Nov.1 Kincaid Tournament in Gravelbourg

Nov. 8 Conference Playoffs Nov. 14/15 Regional Playoffs

Nov. 21/22 Provincials

We are expecting that all players attend practices. In the event that a player will be absent, we ask to be told in advance by that player.

We expect the boys to be able to focus during practices and game play, have a positive attitude, display good sportsmanship, try hard, and be respectful towards coaches, other players and referees.

The tournaments for provincial playoffs are as follows. We must win conference in order to advance regionals and then provincials.

Cross Country



Meet Dates:

Districts - Grade 5-12 - Wednesday, October 1, 2025 @ Gull Lake Provincials - Grade 9-12 - Saturday, October 11, 2025 @ Yorkton (Thanksgiving Weekend)

Practices:

- Tuesdays and Thursdays at 12:15pm meet in the foyer to check in for attendance and the practice route
- *See dates for after school practices, there will be no lunch practice on these days

Practice Dates:

- Thurs, Sep 4 lunch Town run
- Tues, Sep 9 lunch Farm run
- Thurs, Sep 11 lunch Town run
- Tues, Sep 16 lunch Farm run
- Thurs, Sep 18 lunch Town run
- *Tues, Sep 23 after school Track run (see above for distances)
- *Thurs, Sep 25 after school Town run (Gr 5-8); Bridge run (Gr 9-12)
- Wednesday, Oct 1 District Meet in Gull Lake (Gr 5-12)
- *Tues, Oct 7 after school Track run (see above for distances) Gr 9-12 only
- *Thurs, Oct 9 after school Bridge run Gr 9-12 only
- Saturday, Oct 11 Provincials Meet in Yorkton (Gr 9-12)

Conduct: Athletes represent VCS and must act with courtesy and sportsmanship:

- Maintain neat appearance and proper rest before events
- Volunteer at athletic functions (e.g., officiating, cleanup).
- Compete with effort, positivity, and support for teammates.
- Respect your role on the team.
- Treat away facilities with the utmost care.

Attendance: Athletes absent from school due to illness or injury may not participate in practices or games that day.

Preparation: Practice and preparation are always the priority for athletes, parents, and coaches.